

Appalachian State Fast Pitch Softball Summer Clinics

Tuesday, July 14 and Wednesday July 15, 2009

Fastpitch Softball Clinic (8-18 years old) :
8:30am - 5:30pm at Red Lackey Softball Field
(Registration starts at 8:30am in Owens Field House at Kidd Brewer Stadium)

The daily format will be adjusted for those attending both days.

Mountaineer Softball

All fundamentals of Pitching, Catching, Hitting and Running will be covered.

These clinics are for beginning and advanced players. The clinics will cover hitting, fielding, pitching, and catching.

All sessions will be on the Appalachian State University Campus, Boone, NC.

Both cleats and tennis shoes will be needed.

ASU Coaching Staff and players will be teaching.

Fees

Cost is \$125 each day or \$200 if attending both days. Lunch and limited accident/illness insurance for each camper are provided

To register please visit us at:

www.camps.appstate.edu

For further information, [email](mailto:herringtonaj@appstate.edu) or call:

Head Coach

Amy Herrington

828-262-7310

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For registration information contact:

Office of Conferences and Institutes

828-262-2933



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